

To all,

Since February of 2019, when our third product B is for Brain launched, we have been seeing an impressive improvement in those with traumatic and non-traumatic brain injury symptoms. The measurement of responses from our treatment protocols have always been based upon the client's subjective assessment as reported in their monthly program questionnaire (MPQ).

In October 2020, after presenting the science and results of our program to a commanding officer at a local military base, we began the first USMC study to further assess the effectiveness of the Millennium's "Tri-Pak" protocol which consists of three nutraceutical products; Clear Mind & Energy, Brain Care II, and B is for Brain. In the 90-day protocol, participants took one teaspoon of each product in the morning before breakfast, and reported their responses on the MPQ at 30, 60 and 90-days. The overall, average improvement on a 20-point scale was about 65% (see draft report at <a href="www.TBIHelpNow.org">www.TBIHelpNow.org</a> under "The Science".

The Tri-Pak is now the single serving Brain Rescue 3

In March 2021, a similar study was started with a larger group of Marines and the results showed similar outcomes.

One of the Millennium's driving goals has been to develop an effective, self-administered, nutraceutical treatment protocol that provides a high degree of benefits and is cost efficient. Our comprehensive office program has been financially limiting to many individuals which makes the following nutraceutical program and protocols available to more people. What we are now able to recommend is that candidates start on the Phase I and/or Phase II nutraceutical protocol before seeking enrollment in our Comprehensive TBI Program. If after 90-days, on the protocol, one experiences less than a 50% improvement, then they are a candidate for the Comprehensive program's assessment.

Phase I		Phase II	
1.	Brain Rescue 3 or Brain Rescue 1, pre-breakfast.	1.	Brain Rescue 3 or Brain Rescue 1, pre-breakfast
		2.	DHEA 25-50mg, 15-30min after dinner.
		3.	Pregnenolone 50-100mg, 15-30min after dinner
		4.	Vitamin D3 125-250mcg, 15-30min after dinner.

**Brain Rescue 1**: Brain Care II, and B is for Brain.

**Brain Rescue 3**: Clear Mind & Energy, Brain Care II, and B is for Brain. It is an infrequent occurrence that an individual will experience a mild and transient form of hyperness from this product. If there is a history of sensitivity to stimulation, then we recommend using Brain Rescue 1 instead.

\*\*\* If you decide to go on Phase 1 or Phase II and would like to participate in our monitoring program, download the file: **Nutraceutical MPQ** from <a href="www.TBIHelpNow.org">www.TBIHelpNow.org</a> under "The Sciences".

Participants will receive selected free products after receiving their third Nutraceutical MPQ.

Respectfully,

Mark L. Gordon, MD